

How anarchism might help us care for each other



This class could be a difficult one. If you need to take a break for any reason, please do.

If you want any support, you can raise your hand, and one of the collective will join you.



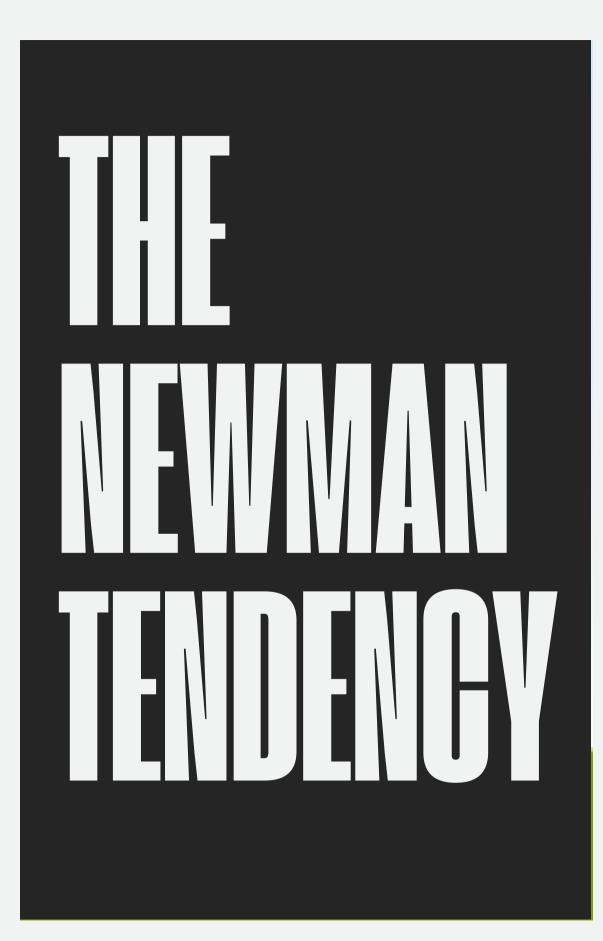
AUTHORITY & THE STATE **GUSTAV** 1870-1919



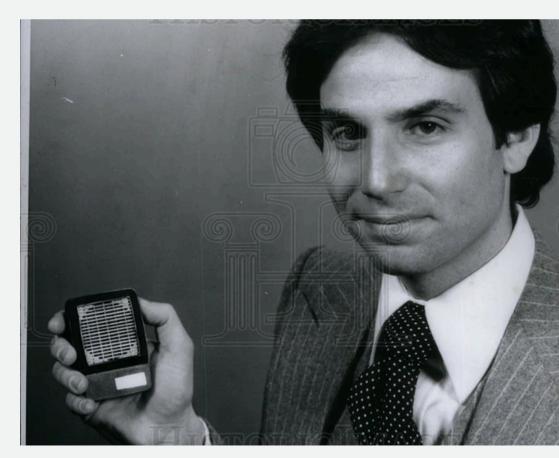
HANNAH 1906-1975



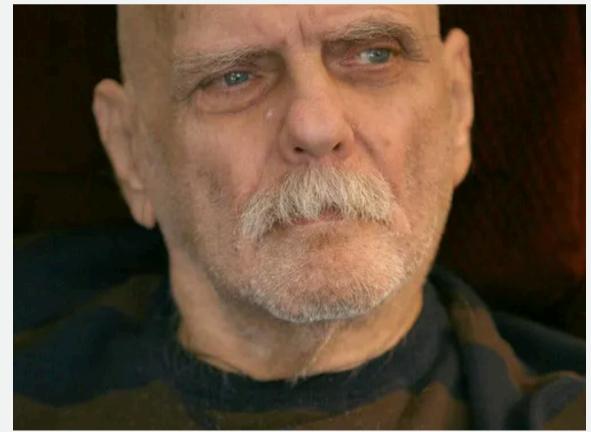


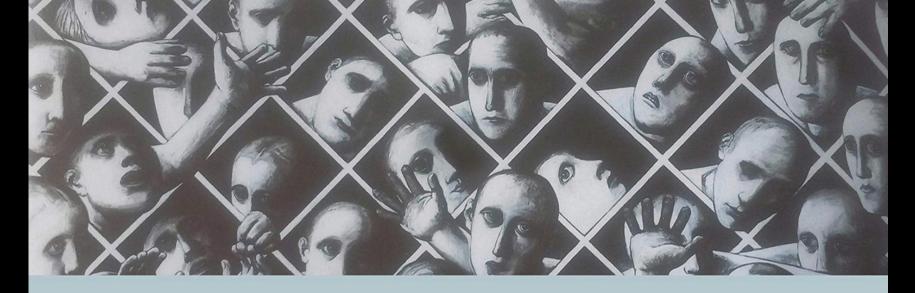










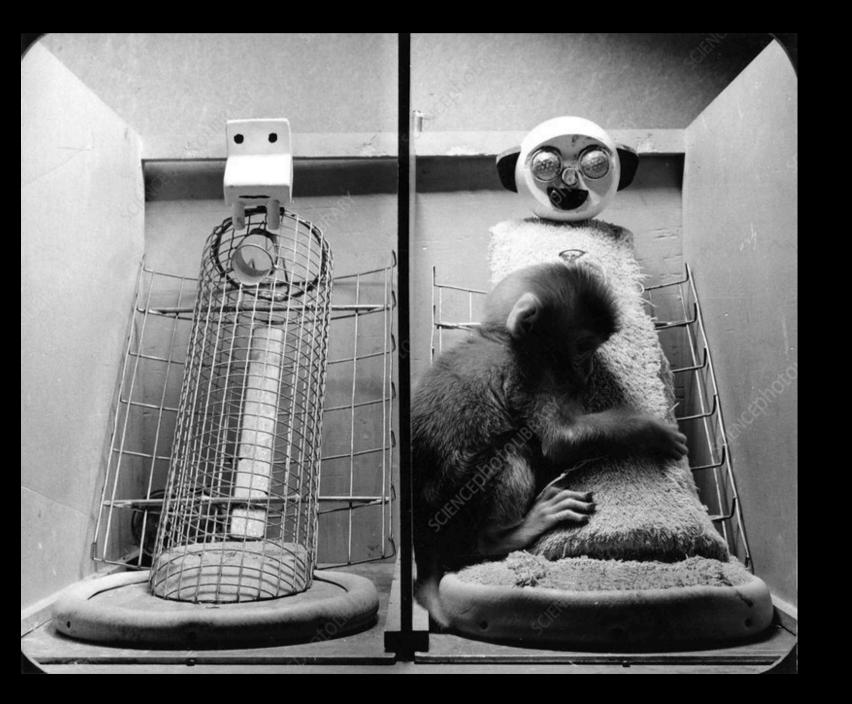


SECOND EDITION TERROR, LOVE AND BRAINWASHING

ATTACHMENT IN CULTS AND TOTALITARIAN SYSTEMS

ALEXANDRA STEIN





Running, from and to Safe Havens Homeostasis Disorganized

attachment



Who's vulnerable? It's situation, not personality

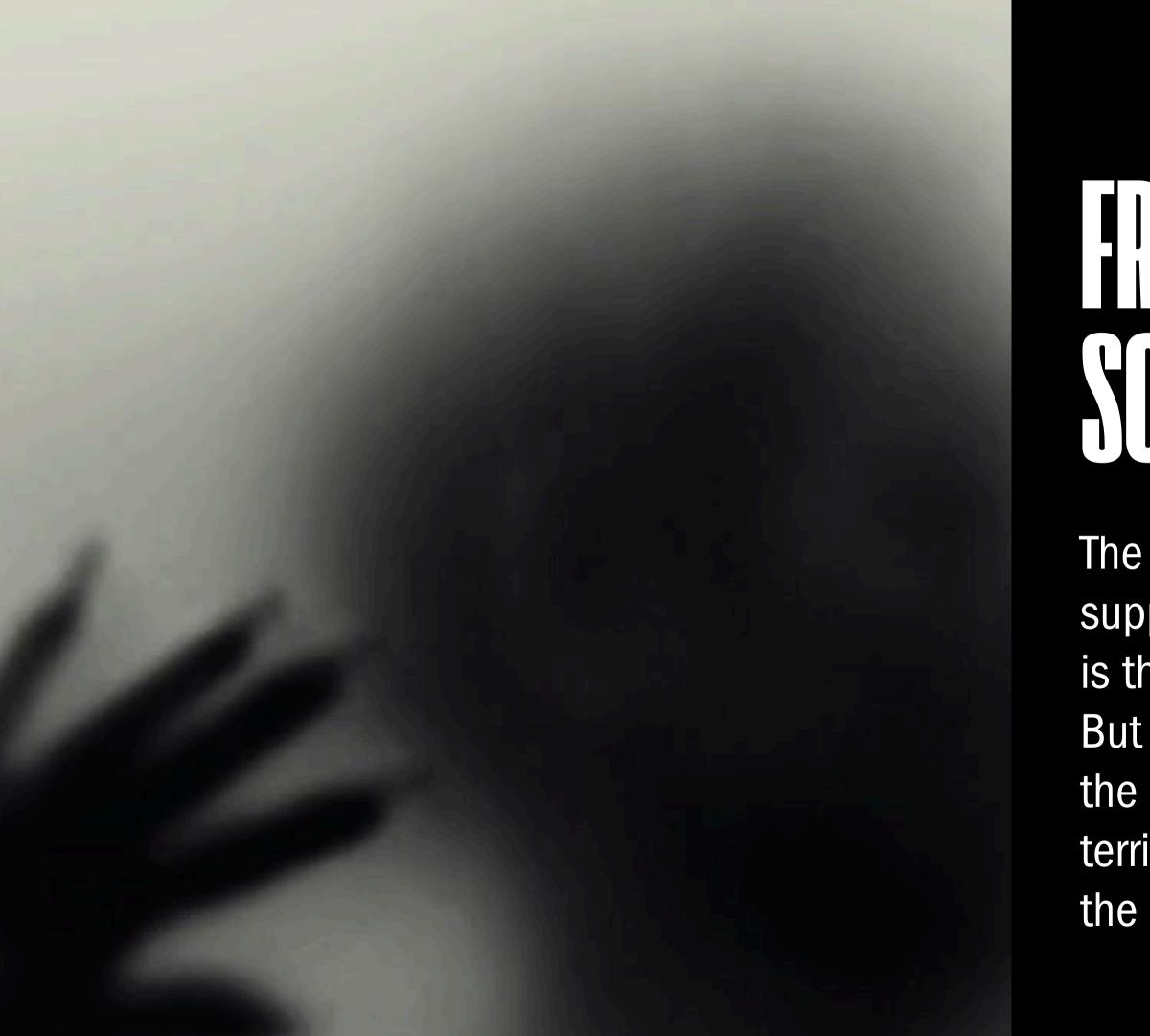
"I just went to a meeting to check them out."



"I spent time with people only inside the group and in that sense, it felt like a safety net"

As there is no space between people, neither is there any internal space allowed within each person, for their own autonomous thought and feeling. Thus there is a triple isolation: from the outside world, from others in the group and from one's own self. -AS





The group positions itself as the supposed safe haven - even though it is the group itself creating the fear. But after the threat - lo and behold! the group is there to save the terrified, broken person, to pick up the shattered pieces.

It was an almost physical feeling of pushing the thought back: No, I cannot think about that. [...] I would instead simply do as I was told, and do it to the best of my ability. - AS



I REGRUITMEN 2. ENGLIEREN 3. ISOLATION 4. TFRRA **5. DEDINATION**

This is the kind of social process we ought to keep an eye out for.

A NUTE UN SENSITIVITY

We're not talking about perpetrators and victims, but social dynamics. We should approach this topic with compassion.

This is a difficult topic to talk about, but it's important to do so.

This kind of dynamic can be very harmful; both to the people who live inside it, and to the society they ineract with.



LET'S TAKE A BREAK.

Reach out and talk to other people as you need to.

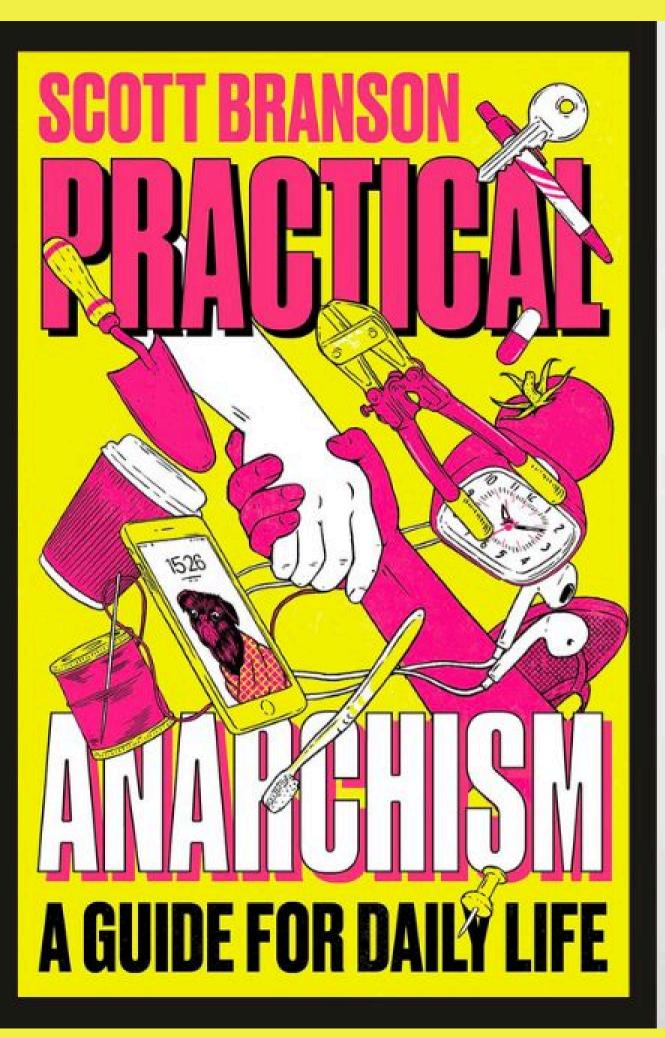






HELPING OURSELVES

















"the distance at which I could love me and you simultaneously" - Prentis Hemphill





Spoons

Burnout

Emergency Culture

Rigid Radicalism

FROM THE INSIDE OUT

Multiple safe havens

Getting to know yourself

FOMO and confidence



LET'S LOOK OUT FUK EAGH UTHEK,

(Thank you for your time!)

